

GOLDEN GEMTM

GRAPEFRUIT



Popular for its golden-yellow internal color and smooth, green rind, Golden Gem Grapefruits are known for their crisp taste and unique versatility. Globular in shape, this variety is often used as an ingredient to salads or enjoyed alone as a snack.



Pack Styles:
Standard Carton

Seasonality:
October - December

Nutritional Benefits:

- Excellent source of vitamin C
- Great source of fiber

Characteristics:

- Cross between a pummelo and a white grapefruit
- Smooth green to yellow skin
- Firm, thick flesh
- Sweeter than grapefruit

Foodservice

- Great addition to winter salads

Seasonal Opportunities

- Winter: Great for winter recipes and salads

